

# Victorian MET/Rapid Response Team Analysis and Reporting

## Recommendations for a MET/ RRT Data Specification

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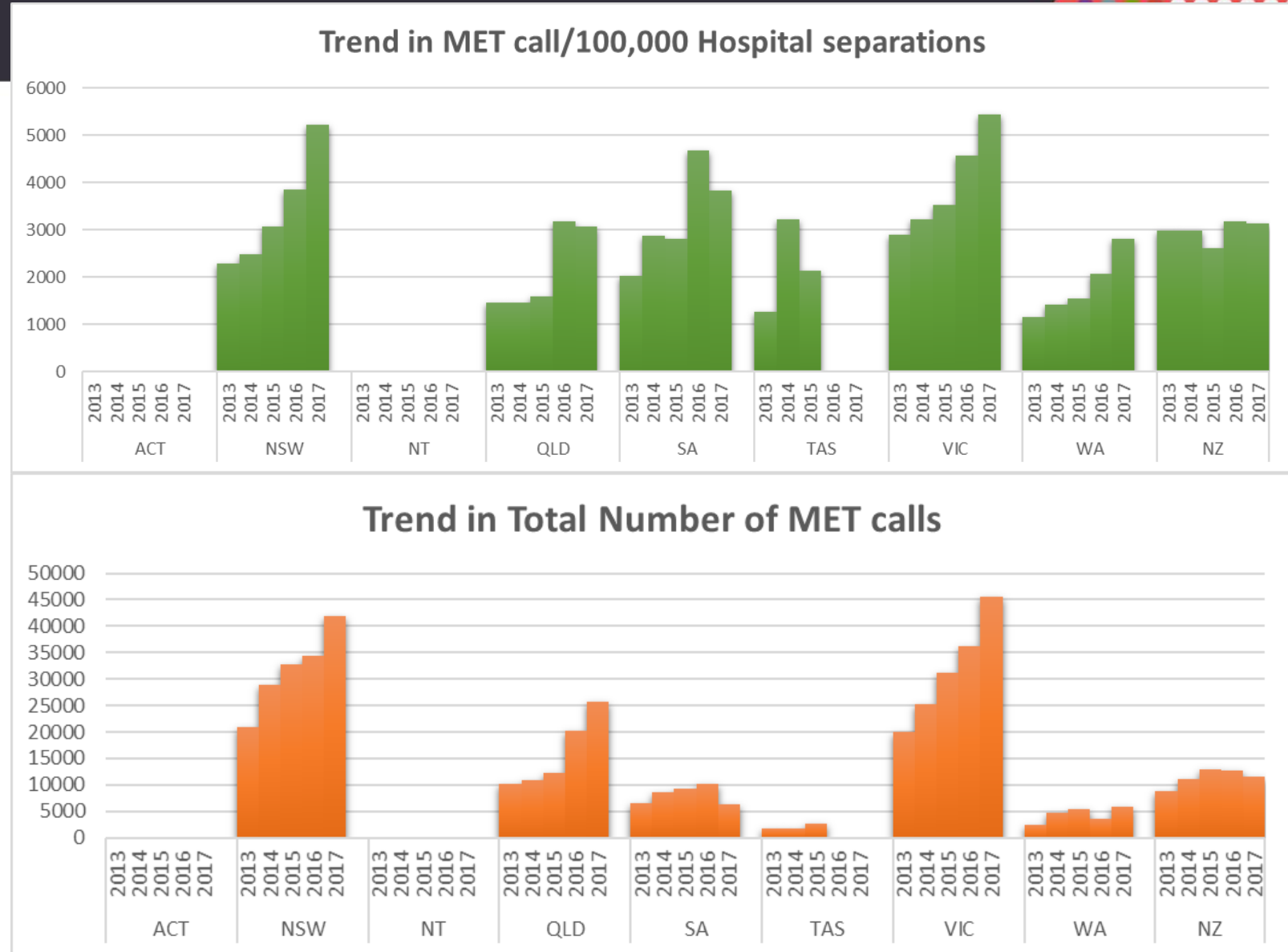


# Why?

- **RRT activity has been inexorably rising**
- **Much stress and Anxiety in our profession**
- **Failure to engage and resource by many hospitals and Health Networks**
- **State and National Governance Authorities - minimal oversight of RRT outcomes**
- **National Accreditation Standard ( Deteriorating Patient)**
- **Victorian Collaborative RRT improvement project 2016-2019**
- **Differing governance structures, resource levels, case mix and role delineation**
- **Method (team structure, activation criteria etc) used, the dose of response, training, certification of staff competencies, audit and reporting of outcomes**

# ANZICS CCR RRT/MET trends 2013-17

- Vic – NSW :150% increase in activity over 5 yrs
- We don't understand it
- There is no systematic monitoring of process or outcomes in Victoria
- Governance failure
- We need a sustainable reporting, analysis and research platform across jurisdictions.
- Linked to ICU admissions data
- Optimise modern technology systems



# Minimum Dataset

**Least possible data  
required to provide the  
Quality metrics for the  
Disease Register**

**Tightly defined and  
curated data**

**Very manual data  
collection**

- **ANZICS CORE**
- **ASCTS**
- **Prostate Cancer Registry**

Clinical quality registries systematically monitor the quality (appropriateness and effectiveness) of health care within specific clinical domains, by routinely collecting, analysing and reporting health-related information. The information is used to identify benchmarks and significant variance in outcomes, and inform improvements in healthcare quality. This feedback loop is important to drive improvements in healthcare quality safety and appropriateness of care.

The Victorian Government provides direct or indirect funding to 20 clinical registries. Funding arrangements are currently being reviewed following recommendations in [Targeting zero: supporting the Victorian hospital system to eliminate avoidable harm and strengthen quality of care](#).

**Upper Gastrointestinal Cancer Registry (UGICR)**

The [Upper Gastrointestinal Cancer Registry \(UGICR\)](#) is a clinical quality registry that monitors the quality of care provided to Victorians diagnosed with selected cancers of the oesophagus, stomach, liver, bile ducts and pancreas.

**Australian Stroke Clinical Registry (AuSCR)**

The [Australian Stroke Clinical Registry \(AuSCR\)](#) is a collaborative national effort to monitor, promote and improve the quality of acute stroke care.

**Australian New Zealand Massive Transfusion Registry**

The [Australian New Zealand Massive Transfusion Registry](#) aims to collect and analyse data on transfusion practice and patient outcomes for critical bleeding and massive transfusion.

**Australian and New Zealand Society of Cardiac and Thoracic Surgeons (ANZSCTS) Database Program**

Victorian Agency for Health Information  
[vahi@vahi.vic.gov.au](mailto:vahi@vahi.vic.gov.au)  
50 Lonsdale Street, Melbourne VIC 3000

# Maximum dataset



## Content and Relationships describing Optimal Data Scheme

Measure what is necessary not what is manually achievable

- The cupboards and shelves with labels

## Objectives:

- 1. To establish Victorian RRT maximum data set, incorporating currently established Victorian hospital data collection tools, together with published literature and patient flow maps.**
- 2. Identify where Data Linkage to Electronic Medical Records or Administrative Data Sets would allow additional missing elements “low overhead” data collection.**
- 3. To define an ontology that frames these datasets in the context of state, national and international data standards.**
- 4. To provide a formalised basis for national and international registry data definitions and comparisons.**

# Participating Hospitals

Network	Hospital	Role Delineation	Adult	Paediatric	Obstetric incl Neonatal	VicTOR Hospital
Albury Wodonga Health	Albury Wodonga	Rural/Regional	1	1	1	
Austin Health	Austin	Tertiary	1			1
Ballarat Health	Ballarat	Rural/Regional	1	1	1	1
Bendigo Health	Bendigo	Rural/Regional	1	1	1	1
Barwon Health	Geelong	Tertiary	1	1	1	1
Cabrini Health	Cabrini	Tertiary Private	1	1	1	1
Eastern Health	Box Hill	Metro	1	1	1	
Eastern Health	Maroondah	Metro	1	1	1	
Eastern Health	Peter James	Metro	1	1	1	
Eastern Health	Angliss	Metro	1	1	1	
Eastern Health	Healesville	Metro	1	1	1	
Eastern Health	Wantirna Health	Metro	1	1	1	
Eastern Health	Yarra Ranges Health	Metro	1	1	1	
LaTrobe Regional Health	LaTrobe Regional Hospital	Rural/Regional	1	1	1	1
Monash Health	Monash Medical Centre	Tertiary	1	1	1	1
Northern Health	The Northern Hospital	Metro	1	1	1	1
Melbourne Health	Royal Melbourne Hospital	Tertiary	1		1	
Peninsula Health	Frankston Hospital	Metro	1	1	1	
The Womens	Royal Womens Hospital	Tertiary	1		1	
Western Health	Sunshine	Metro	1	1	1	
Western Health	Western	Metro	1			
Western Health	Western Paediatrics	Metro		1		
VCCC	Peter McCallum Cancer Hospital	Tertiary	1	1		
St Vincents Health	SVH	Tertiary	1			
Epworth	Epworth Richmond	Tertiary Private				1
NorthEast Network	Wangaratta	Rural/Regional				1
18 Networks	27 Hospitals		23	19	19	10

## Methods: Adjunct Project to SCV MET enhancement collaboration

- **Metadata (data collection instrument : screen dumps, data dictionary, spreadsheet column headers & field options)**
- **Publicly available tools - NSW Clinical Excellence Commission website “ Between the Flags” Data collection tool.**
- **International MET/RRT publications : American Heart Association Cardiac Arrest / Rapid Response Team, Canadian single hospital published dataset**
- **Draft Variables for the ANZICS CORE RRT national dataset**
- **Patient flow mind map data models**
- **Variable mapping : Clinical Context, Semantic Classification, Variable Name and Value Domains.**
- **Preliminary patient interviews re PREMS**
- **A validation workshop of Victorian Adult, Paediatric, Medical, Nursing: December 2018.**
- **Consultation with NZ, ACSQHC, ACT, NSW Health / CEC**

# Some Victorian Data Sets – display variation

Albury Wodonga	Austin	Ballarat	Sunshine
Date	ID	Display ID	Met call ID
Time	Call Type	Call Date	
MRN	UR No	Gender	
Surname	Surname	Date of team arrival	Call Date
Ward	First Name	Date of Stand down	Call Time
Reason For Call	Sex	Time of team arrival	Site
Outcome/ Destination	Birth Date	Time of Stand down	Location / Ward / Dept
NFR pre call	Location	Primary Reason for Call	Unit
NFR post call	Unit	Category of primary reason	MET / Code Blue Team Responding
Not for MET pre call	Call Date	Clinical Response	Primary Reason for MET
Cardio-resp Arrest	Call Time	Location	Interventions
<72hrs out of ICU	Call Time Known	Admission Diagnosis	MET Diagnosis
MET within 24 hrs admit	Called by	Current Treating Clinician	Initial MET Outcome
Excluded from KPI's admit <24 hrs or ed/ paed	Arrival Date	Last Medical Review	Admission Diagnosis
>1 MET this month	Arrival Time	Goals of Care Plan Prior	Outcome(s) at 24 Hrs
AMO	Arrival Time Known	Type - Goals of Care Plan Completed Prior	Criteria Present (0 - 6 Hrs Prior)
Discharge status	Admission Diagnosis	Goals of Care Plan Completed Post	Criteria Present (6 - 24 Hrs Prior)
Mortality	MET Call Reason	Type - Goals of Care Plan Completed Post	Longterm Outcome
Time at MET (minutes)	Medications	24 Hrs prior to call, Patient in:	
Notes	Cardiac Life Support	Initial Outcome	
	Fluid Therapy	Outcome(s) at 24 Hrs	
	Respiratory	Outcome at discharge	
	Neurology	Date of Hospital Discharge	
	GIT / Metabolic	Were any of the following issues encountered at the response?	
	Renal	Documentation missing	
	Procedures		
	Procedures Other		

# Data Alignment

Standardised Variable	Albury Wodonga	Austin	Ballarat
ANZICS Site Id		Site id	Site id
Local DB ID		ID	Display ID
Call Type		Call Type	Clinical Response (MET / Resp B)
UR No	MRN	UR No	
Surname	Surname	Surname	
First Name		First Name	
Sex		Sex	Gender
Birth Date		Birth Date	
Location	Ward	Location	Location
Unit	AMO	Unit	Current Treating Clinician
Location 24 hrs prior			
HospAdmission Date/Time		Adm Date / Adm time	
Hospital Admission Source			
Last ICU Discharge Date/Time			
Call Date	Date	Call Date	Call Date
Call Time	Time	Call Time	
Cal IDate Time			
Call Time Known		Call Time Known	
Called by		Called by	
Last Medical Review			
Arrival Date		Arrival Date	Date of team arrival
Arrival Time		Arrival Time	Time of team arrival
Arrival Time Known		Arrival Time Known	
Date of Standown			Date of Stand down
Time of Standown			Time of Stand down
Admission Diagnosis		Admission Diagnosis	Admission Diagnosis
MET Call Reason	Reason For Call	MET Call Reason	Primary Reason for Call
Category of Primary Reason			Category of primary reason
Medications		Medications	
Cardiac Life Support		Cardiac Life Support	
Fluid Therapy		Fluid Therapy	
Respiratory		Respiratory	
Neurology		Neurology	
GIT / Metabolic		GIT / Metabolic	
Renal		Renal	
Procedures		Procedures	
Procedures Other		Procedures Other	
Radiology		Radiology	
Cardiac		Cardiac	
Infection		Infection	
Metabolic		Metabolic	

- \* Rapid Response
- \* Assessment, Inter
- RRT All Respond

# Rapid Response (Red Zone)

Last Reviewed: July 2012

## INTRODUCTION

<b>Date / Time Patient in Red Zone</b>	[...]	[...]	<b>Senior Responder / Team Leader</b>
<b>Date / Time Call Received</b>	[...]	[...]	[...] Tran, Amy
<b>Date / Time Patient First Seen</b>	[...]	[...]	<b>Additional Responders?</b> <input type="radio"/> Yes <input type="radio"/> No
<b>Is the Patient on Std. Maternity Obs. Chart?</b>	<input type="radio"/> Yes <input checked="" type="radio"/> No		
<b>Teams activated</b>	<input type="checkbox"/> Cardiac Arrest Team <input type="checkbox"/> CERS Assist <input type="checkbox"/> Outreach <input type="checkbox"/> Rapid Response Team <input type="checkbox"/> Attending Medical Team <input type="checkbox"/> Other:		

## SITUATION

**Primary Reason for Rapid Response Activation** [...]

### Other reasons for Rapid Response Activation - Red Zone Criteria (Tick all that apply)

<input type="checkbox"/> Respiratory Arrest	<input type="checkbox"/> Urine output low
<input type="checkbox"/> Airway obstruction or stridor	<input type="checkbox"/> Blood Glucose Level low
<input type="checkbox"/> Respiratory Rate high	<input type="checkbox"/> Blood Glucose Level high
<input type="checkbox"/> Respiratory Rate low	<input type="checkbox"/> Lactate > 4mmol/L
<input type="checkbox"/> SpO2 low	<input type="checkbox"/> Deterioration not reversed within 1 hour of Clinical Review
<input type="checkbox"/> Increasing O2 requirements to maintain SpO2	<input type="checkbox"/> Serious concerns by staff
<input type="checkbox"/> ABG/VBG	<input type="checkbox"/> Serious concerns by family / patient
<input type="checkbox"/> Systolic Blood Pressure high	<input type="checkbox"/> Other:
<input type="checkbox"/> Systolic Blood Pressure low	
<input type="checkbox"/> Heart Rate high	
<input type="checkbox"/> Heart Rate low	
<input type="checkbox"/> AVPU Score = P or U	
<input type="checkbox"/> Sudden decrease in GCS >= 2 points	
<input type="checkbox"/> Seizures	

## BACKGROUND

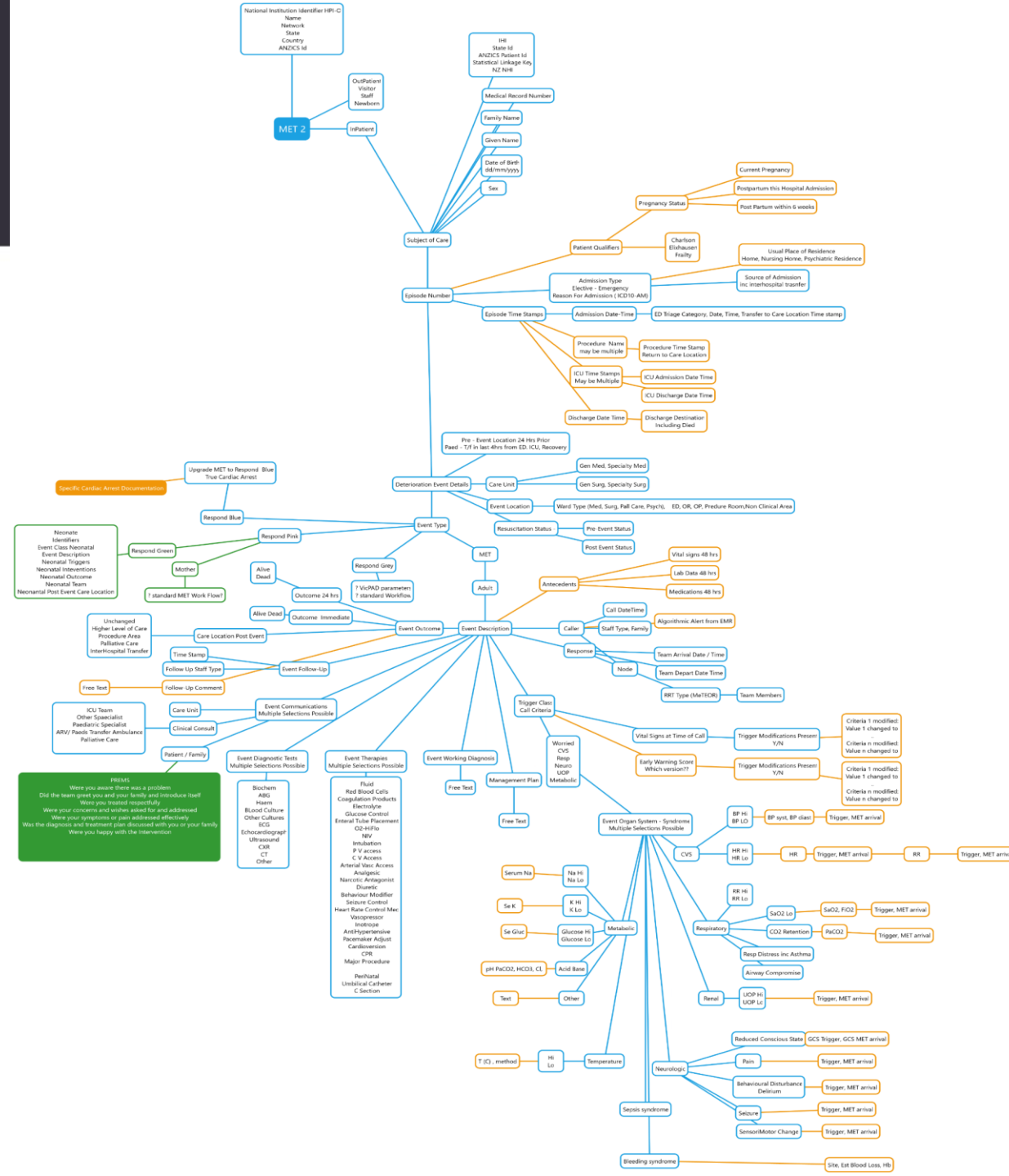
<b>Previous Clinical Review / Rapid Response (Last 24 hrs)</b>	<b>Current Medical Orders</b>
<input type="checkbox"/> Yellow Zone trigger without Clinical Review call <input type="checkbox"/> Yellow Zone trigger with Clinical Review <input type="checkbox"/> Red Zone trigger without Rapid Response call <input type="checkbox"/> Red Zone trigger with Rapid Response <input type="checkbox"/> Not Applicable	<input type="checkbox"/> Altered Calling Criteria <input type="checkbox"/> Other: <input type="checkbox"/> Not for Rapid Response <input type="checkbox"/> Not for CPR <input type="checkbox"/> Natural Death / Palliative Care Pathway <input type="checkbox"/> Not Applicable

## Background / History

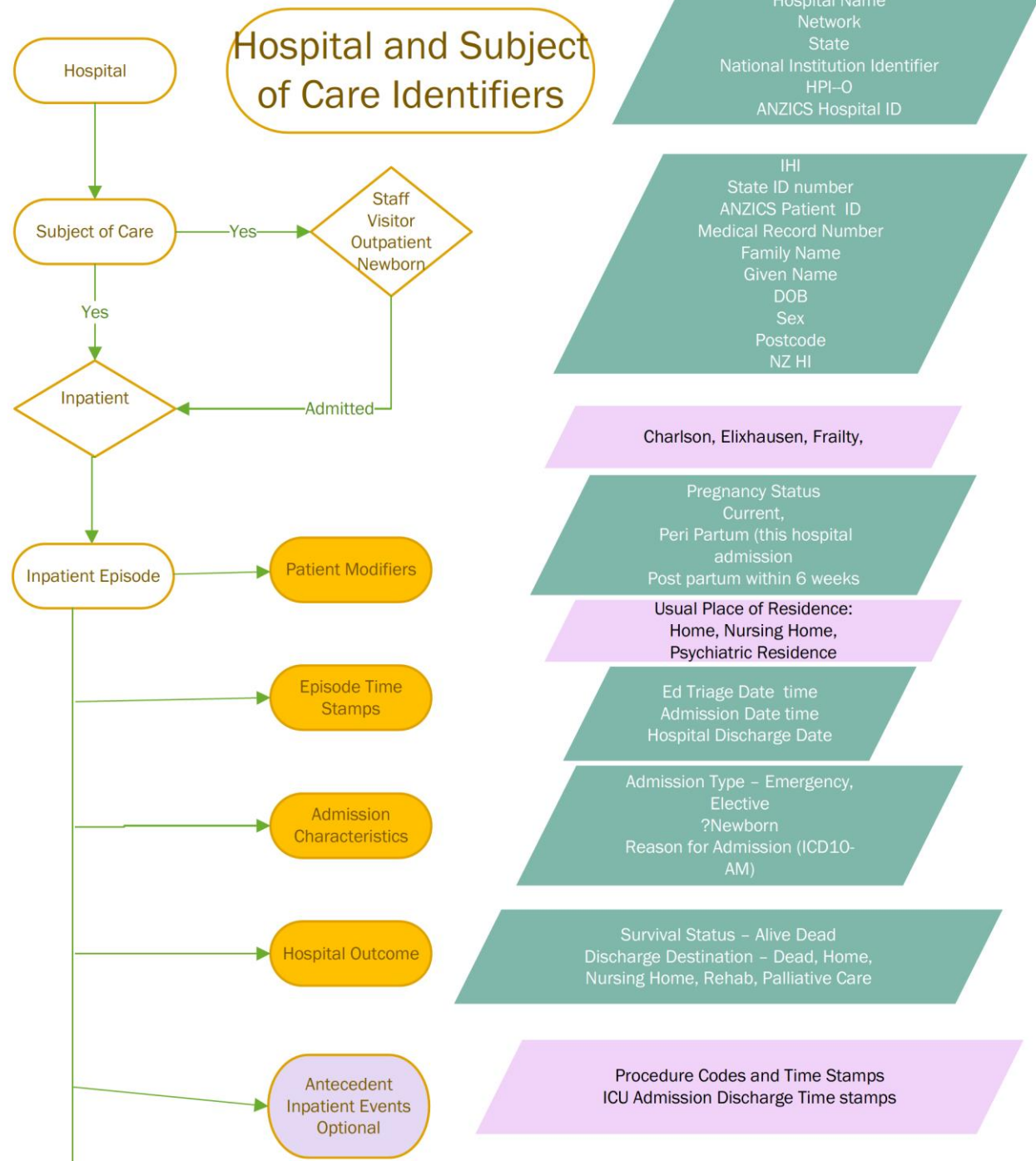
# Results

- **27 hospitals from 18 Victorian Health Networks contributed metadata.**
- **Datasets varied from 20-75 data points.**
- **Wide variation in naming conventions (eg. Date of Birth, Age, Age Group)**
- **Neonatal (Code Green) and Obstetric datasets varied considerably from adults in event descriptor variables though concepts are similar.**
- **No hospital collected Patient Reported Measures.**
- **Maximum dataset was developed that incorporates 7 clinical contexts and 32 semantic concepts.**

# Patient Centred Mind Map



# Hospital & Subject of Care identifiers



# Event Details

Care Unit at Time of Event

Gen Med, Specialty Med, Gen Surg,  
Specialty Surg, Psychiatry, Paediatric,  
Obstetric, Onc / Haem / RadioRx  
Palliative care

Location at time of Event

Ward Type: Gen Med, Specialty Med, Gen Surg,  
Specialty Surg, Psychiatry, Paediatric, Obstetric,  
Onc / Haem / RadioRx Palliative care, ICU, ED, OR,  
Procedure Area  
Procedure Area: Cath lab, Dialysis, Day Surg,  
Endoscopy, RadioRx,  
Non-Clinical Area

Location Prior to Event  
Optional

Care Location 4 hrs, 24 Hrs prior  
Event

Event Type

MET, Upgrade Respond Blue,  
Respond Blue, Respond Blue ( True  
Cardio Respiratory arrest), Code  
Pink, Code Green, Code Gray

Patient Qualifiers at Time of  
Event

Resuscitation Status Pre Event  
Resucitation Status Post Event  
Advanced Care Directive

Event Antecedents  
Optional

Vital signs in 48 hrs prior event from EMR

Pathology data for 48 hrs prior event from EMR

Medications last 48 Hrs

Caller

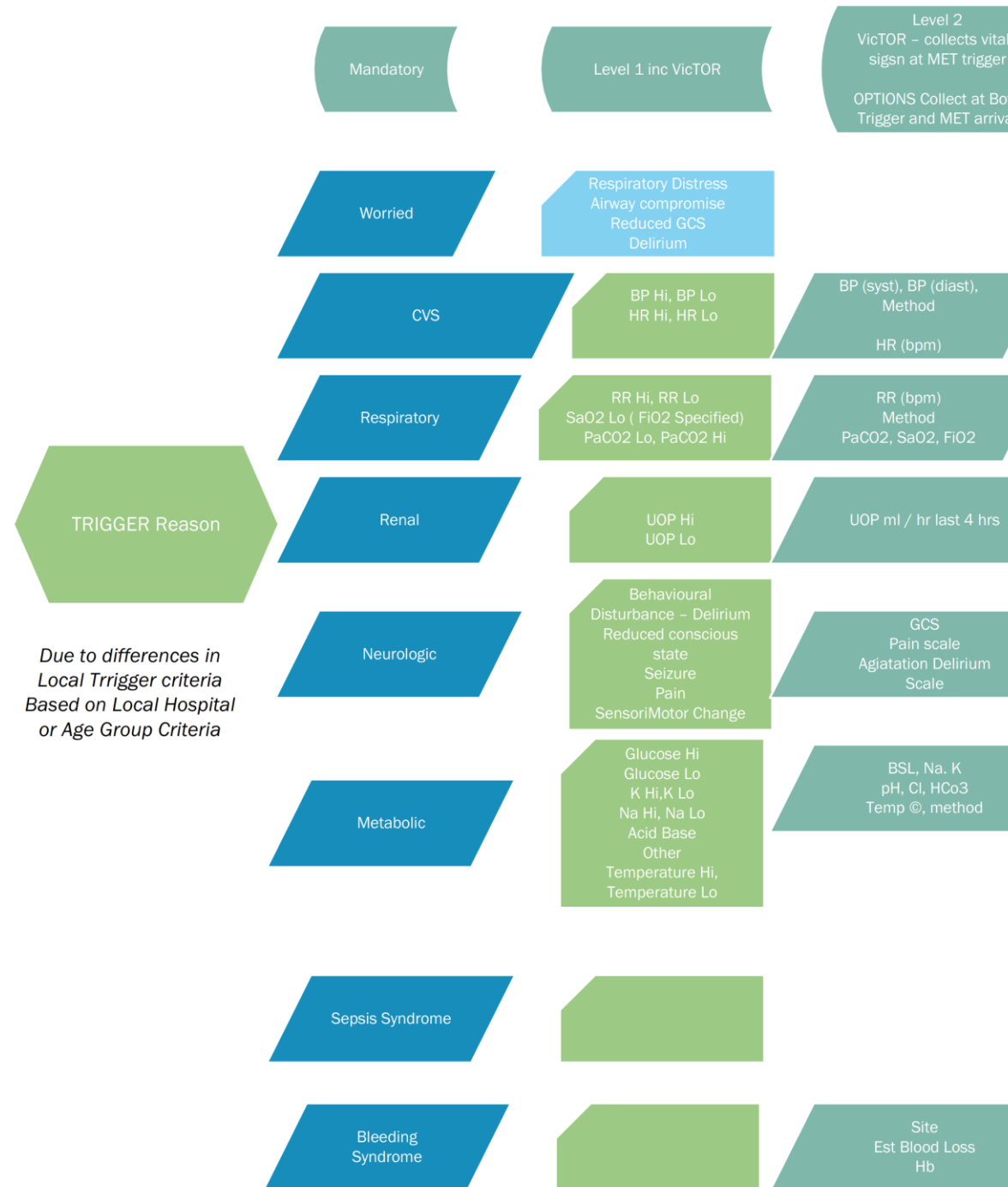
Saff Type: Nurse, HMO – Parent Team, Liaison Nurse  
Family  
Automated – EMR Algorithm  
Call Time Stamp

ResponseTeam

Response Team Arrival Time stamp  
RRT Type ( MeTEOR)  
Team Members All Present

Response Team Arrival Time stamp  
RRT Type ( MeTEOR)  
Team Members All Present  
Reponse Team Stand Down Time Stamp

# Triggers

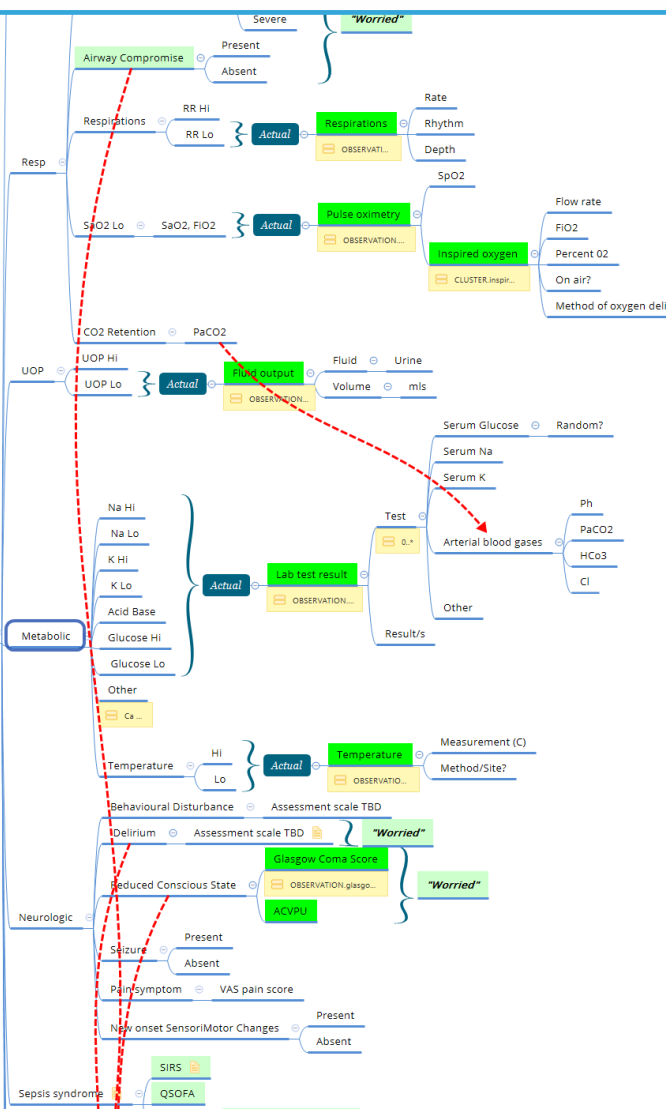


- DRAFT1
- 
- Were you Aware you had a Problem (Y/N)
- Did the Team Greet You and Your Family and Introduce themselves (Y/N)
- Were you treated Res[ectfully (Y/N)
- Were your concerns and wishes asked for and Addressed (Y/N)
- Were your symptoms of distress or pain addressed effectively (Y/N)
- Was the Dignosis and Treatment Plan Explained and discussed with You and / or Your Family (Y/N)
- Were you Happy with the Intervention (Y/N)



2019 25 Jan MET RRT X

MET



Outline

- None
- ↳ Inspired oxygen
  - Flow rate
  - FiO2
  - Percent O2
  - On air?
  - Method of oxygen delivery
- ↳ Temperature
  - Temperature
  - Glasgow coma Score, AVPU
- ↳ Lab data
- ↳ Timing
  - In last 48 hours
  - Laboratory test result
    - Test name
      - Se Sodium, Potassium, Chloride, Bic
      - Arterial Blood Gas : pH, PaCO2, PaO
      - Haemoglobin, Platelet, WCC, Neutr
    - Result
  - Primarily for research
- ↳ Procedure
  - Procedure name
  - Procedure Time Stamp?
- ↳ ICU admission
  - ICU Admission Date Time
  - ICU interventions
  - ICU Discharge Date Time
- ↳ Medications
  - Class, Dose
  - Primarily for research
- ↳ Event Details
- ↳ Event Type
  - MET
  - Respond Blue
  - Respond Pink
  - Respond Green
  - Respond Grey
  - Upgrade MET to Respond Blue
  - Cardiac arrest documentation

Sheet 1

Topic ( Metabolic)

Auto Save: ON DESKTOP-5DODLH7

PAS  
Hospital Data

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Critical Care Resources Annual Survey  
Team Number / Constituency  
Training  
Trigger Criteria: HR, RR, SystBP, SaO2, UOP  
Acute Hospital Admissions (N)

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## RRT HOSPITAL DATA EXTRACT PROCESS

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EMR  
Vital Signs  
Pathology  
Medications

---

Proposed KPIs

CORE MET Reporting	Measure
MET dose Met calls / hospital bed days	
MET dose Cardiac arrests / 1000 hospital admissions	
MET dose MET calls / 1000 hospital admissions	
Indicator MET Calls with 48 hrs of ICU discharge	
Indicator MET Calls with ICU admission	
Indicator New limitation	
MET comparisons Missed or late Calls	
MET comparisons Immediate mortality	
MET comparisons Hospital mortality	
MET comparisons New limitation	
MET comparisons Multiple MET calls	
MET comparisons Specialty	
MET comparisons Hosp Event Type	
Early Warning Score	registry calculates an EWS using the submitted physiology and an agreed scoring method
Early Warning Score	% distribution of EWS.
Early Warning Score	Hospital mortality for each EWS band
Early Warning Score	Paediatric version of same
Early Warning Score	Obstetric version of same.

---

EMR, VHIMS, Other  
Event specific PoC Data

⊖ Aggregation after  
Patient Coding

Registry  
ANZICS CORE

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# Archival Data Conversion

## PILOT ARCHIVAL DATA CONVERSION ? 10 YEARS RRT DATA

---

Hospital 1  
30 fields

---

Hospital 2  
60 fields  
ICD10 AM

---

Hospital 3  
45 fields  
ICD10 AM  
Vital Signs

---

Hospital 4  
30 fields

---

Hospital N  
X fields

---

Shared Conversion Code 

---

Endorsed Maximum Dataset Framework  
10 yrs x 500 /yr X 10 sites  
50000 events !

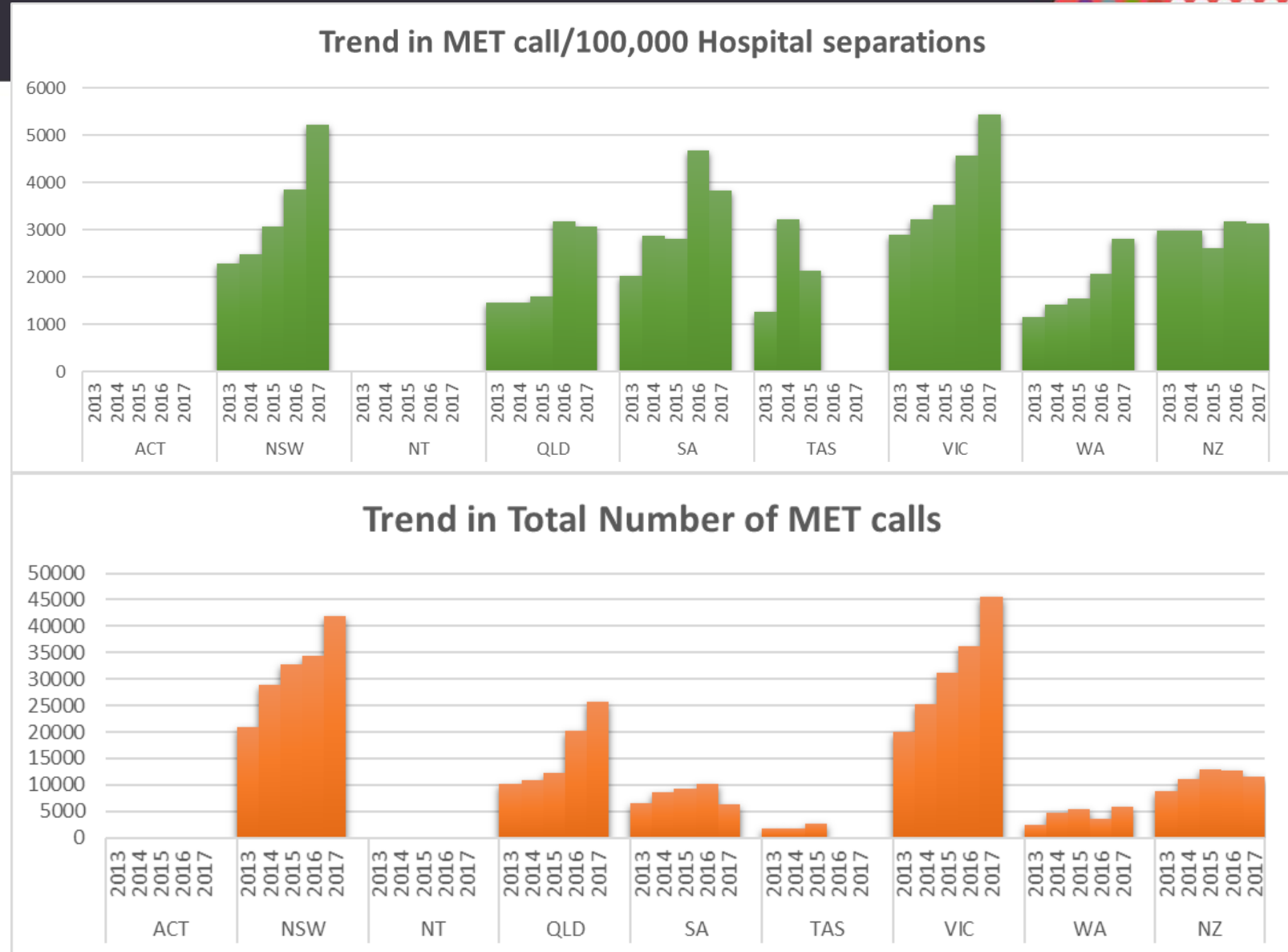
## Next Steps

### Consultation with

- **NSW Health and CEC**
- **ACT**
- **NZ practitioners**
- **ACSQHC**
- **Publish**
- **Work with ANZICS to generate conversion script**

# ANZICS CCR RRT/MET trends 2013-17

- Vic – NSW :150% increase in activity over 5 yrs
- We don't understand it
- There is no systematic monitoring of process or outcomes in Victoria
- Governance failure
- We need a sustainable reporting, analysis and research platform across jurisdictions.
- Linked to ICU admissions data
- Optimise modern technology
- **WE MUST CONTROL THE MESSAGE**



## Archetypes formalise description of:

- Observations
- Actions
- Processes
- Findings

The screenshot displays the OpenEHR Clinical Knowledge Manager (CKM) interface. The browser address bar shows the URL <https://www.openehr.org/ckm/>. The page title is "openEHR Clinical Knowledge Manager". The main content area shows the "Archetype: Blood pressure (Latest revision / latest published)" diagram. The diagram is a hierarchical tree structure with "Blood pressure" at the center. It branches into four main categories: "State", "Data", "Protocol", and "Description".

- State**: Includes "Exertion", "Sleep status", "Tilt", and "Cuff size".
- Data**: Includes "Systolic", "Diastolic", "Mean arterial pressure", "Pulse pressure", "Clinical interpretation", and "Comment".
- Protocol**: Includes "Location of measurement", "Measured measurement location", "Method", "Systolic pressure formula", "Diastolic pressure formula", and "Diastolic endpoint".
- Description**: Includes "Concept description" (The local measurement), "Purpose" (To record the systemic arterial blood pressure), "Use" (Use to record all representation of blood pressure), "Misuse" (Not to be used to record the blood pressure), "Keywords" (observations, measurement), and "References" (O'Brien F, Aemar R, Railo J).

The left sidebar shows a list of archetypes, with "Blood pressure (v2)" selected. The bottom of the screen shows the Windows taskbar with the date and time: 7:07 PM, 5/03/2019.

# Event Details

## Event Outcomes

Outcome Immediate : Alive Dead  
Outcome 24 hrs : Alive Dead

## Event Communications

Care Location Post Event:  
Unchanged, Higher Level of Care,  
Procedure Area, Palliative Care,  
InterHospital Transfer

Care Unit, Clinical consult – In  
Hospital, Clinical Consult –  
External Specialist  
ARV

Paediatric consult – Internal  
RCH/MMC  
PIPER

Family  
Patient

## Event Detail

Vital signs at Team Arrival

Trigger Modifications Present

# Actions

Investigations

Biochemistry  
ABG  
Haem  
Coags  
Blood Culture  
Other Culture  
ECG  
Echocardiograph  
CXR  
Cavity Ultrasound  
CT  
MRI  
Other

Therapies

Fluid  
RBC Tx  
Coagulation Products  
Glucose control  
Eneteral Tube Placement  
O2 HiFlo  
NIV  
Intubation  
PV Access  
CV Access  
Arterial Access  
Analgesic  
Narcotic Antagonist  
Diuretic  
Behaviour modifican  
Drug  
Restraint  
Seizure control  
Heart Rate control  
Vasopresor  
Inotrope  
Anti\_hypertensive  
Pacemaker Adjust  
Cardioversion  
CPR  
Major Procdure  
  
PeriNatal  
C Section  
Umbilical Catheter

Working Diagnosis

Free Text

Management Plan

Free Textr

# Stakeholders of Data Review

**SCV MET Quality Improvement Hospitals**

**Additional Participant Network Hospitals**

**VicTOR Paediatric RRT Hospitals**

**Other volunteer Hospitals**

**ANZICS CORE**

**NSW Between the Flags**

**( NZ review and comment)**

**(Maternity and PeriNatal Clinical Network)**

**Total Sites: 18 Networks, 27 hospitals, NSW CEC, ANZICS CORE Draft, AHA,  
Peer Review Literature**